

## PBR Ice Breaker

After presenter or host has introduced him/herself, state, "I'd like to get to know you a little better, so let's do something fun. We'll go around the room and each person share your first and last name, your occupation and **what makes you special.**"

Guests may need to take a minute to think about this last question, but the results are great. Some answers that have come up in the past include "child of God", "mother of 2", "entrepreneur looking for something", and more.

The responses give the presenter/host information that can help direct the business and membership stories that are used, follow up conversation, and closing remarks.

It also helps "tie" the group together instead of having a group of individuals who are hesitant to relax, speak to one another or ask questions.

From Obi Ndu of Marathon4Life team